

PE (core)

Qualification: Not Applicable



- Physical Education is a compulsory part of the curriculum due to the health benefits as well as the social and mental aspects promoted through physical activity. There is no qualification attached to the lesson.
- Lessons will continue in the same way they have in years 7 and 8 where students are in a groups with the same teacher for the duration of the year.
- Students will have 3 lessons a week, each activity/sport will run for either 6 or 10 weeks depending on the activity. By the end of the year students will have taken part in a greater range of activities than they have been exposed to during year 7 & 8.
- In year 9 the emphasis is still on improving the range of skills in a given activity. Nonetheless, there will be a greater focus on producing the skills in a competitive (game) situation. There will be more emphasis placed on you taking some responsibility for your own learning, as well as applying the skills that should have been learned lower down the school. There will be a heavier focus on the implementation of Personal, Learning and Thinking Skills in lessons and we actively encourage more Independent Enquiry and Self-Management.
- The activities available will depend on the season but are likely to include all major team games, indoor activities such as Badminton, Basketball, Volleyball as well as other areas of the syllabus such as Swimming, Multi-Gym and Dance.