

Health & Social Care



Qualification: BTEC Level 1/2

Equivalent to: 1 GCSE (Distinction/Merit/Pass)

Good overall basis for a career in Health & Social Care. Provides insight into human development and gives a good grounding in skills for care, healthy living and nutrition. The structure of the course allows the opportunity to be flexible with the types of evidence needed to meet course criteria.

Course Content

The course is split into 4 units:

Core Unit 1 – Human Lifespan Development

Core Unit 2 – Health and Social Care Values

Optional Unit 5 – Promoting Health and Wellbeing

Optional Unit 6 – The Impact of Nutrition on Health and Wellbeing

Assessment

Units 2, 5 and 6 are internally examined through a series of course work tasks. Unit 1 is assessed by an external examination. Work is graded at Level 2 with a Pass, Merit or Distinction, or at a Level 1.

Who would enjoy and be successful on the course?

If you have an inquisitive mind and want to understand yourself and others you would enjoy this course. If you have ever wondered how and why good health is so important this course will be of interest. Do you want to understand and improve your health awareness and gain insight into your own values? This subject however, is more than just about childcare and it involves many new key terms to understand and learn. Many terms are physiological so an interest in science would be helpful.

Progression – Sixth Form / Further Education / Careers

After taking this course you could continue on to the Sixth Form to study Health and Social Care and other related subjects. You will find what you have learnt useful if you go onto an apprenticeship or work. Health and Social Care related degrees are popular university options and the health sector is one of Britain's biggest employers. Around 3 million people work in health or social care and together they account for nearly one in ten of all paid jobs in the UK.