



Archway

# **Year 8**

## **Options Booklet**

### **A Summary**

This booklet outlines the options process and the subjects to be studied in Key Stage 4. Please complete the 'Initial Indication of Subjects' form and return by 8<sup>th</sup> February. We will send you information about the Options Evening early next term but please keep the evening of Thursday 14<sup>th</sup> March free from 7pm onwards.

*An electronic version of this booklet can be found on the Parents' page of our website.*

## The Options Process for Y8

This year students will be deciding on what subjects to take in Year 9, 10 and 11. These are really important decisions and we will be supporting you and your children in making the best decisions possible. Below is an outline of the process and the key dates.

Term	What is Happening	Key Dates
2	Information letter to parents about Options Process for Y8	<p><b>Week beginning 17 December</b></p>
3	<p>Parents/students receive a summary of the subjects being offered and an overview of the process.</p> <p>Students receive information through subjects, tutor time and assemblies.</p> <p>Parents' Evening provides detailed feedback on academic achievement and the opportunity to discuss choices where necessary.</p> <p><b>ALL</b> subjects to discuss possible careers in their subjects at the beginning of Y8 lessons.</p> <p>Initial Indication of Subjects Form to be returned to school</p> <p>Options Evening for all students and parents gives an opportunity to meet staff to discuss options.</p>	<p><b>Week beginning 7 January</b></p> <p><b>All Term</b></p> <p><b>22 January</b> Parents' Evening</p> <p><b>Week beginning 28 January</b></p> <p><b>8 February</b></p> <p><b>14 March</b> Options Evening</p>
5	<p>Students to receive personalised support in making their choices.</p> <p>Deadline for Options Forms. Students continue to be provided with support.</p>	<p><b>18 March – 5 April</b> Options interviews</p> <p><b>5 April</b> Deadline for Options Forms</p>
6	Changes to options can still be made at this stage but it becomes increasingly difficult and courses may already be full. Confirmation of options choices with students.	<p><b>Term 6</b> Confirmation of option choices</p>

# Information

## Purpose of this booklet

This booklet gives you an overview of the core curriculum that we offer and the options which you can take in Key Stage 4. This information will help you to start to think about the choices you need to make.

## Options Evening 14<sup>th</sup> March

This is a hugely important evening where you will find out further information about KS4 and the courses that are on offer. There will be a talk and then the opportunity to meet with staff to discuss courses. You will be given a final options form on the evening on which you will record your decisions on the courses you would like to follow next year. Following Options Evening each student will receive a one to one interview with a member of staff to discuss your options.

## Qualifications

Most subjects offered are GCSEs which are Level 2 qualifications. Assessment of GCSEs varies from subject to subject, some are assessed through a combination of exam and practical work and some through external exam only. The GCSEs that you will take in 2022 have changed their grading and will be graded on a scale of 9-1, not A\*-G (see the individual subjects for further information).

BTECs are equivalent to GCSEs and are also Level 2 qualifications. BTECs are more vocational qualifications that are based on coursework although they will still involve an external exam that makes up 25% of the final grade. They are graded Distinction, Merit and Pass.

There are also qualifications on offer which will help prepare students for life after school.

## English Baccalaureate (EBacc)

As part of the reforms to GCSEs announced by the Department for Education there is a significant emphasis now being placed on a suite of qualifications referred to as the 'English Baccalaureate' (EBacc). This is not a new qualification, but a measure which is used to indicate whether students have achieved GCSE Grades 9-5 in **English, Mathematics, Science** (x 2 GCSE qualifications), **History or Geography and a Modern Foreign Language**. In light of the current growing strength of the EBacc as a recognised suite of qualifications this could have an impact on progress to higher education or into employment. We are promoting the EBacc as a 'future proofed' suite of qualifications. We have however decided to maintain our existing options process which allows and enables our students to choose a suite of qualifications which best suit their interests and needs. As a result our options process provides all students with the ability to follow the EBacc suite, should they wish to do so. I strongly advise that both students and parents consider choosing this subject combination as their final choice of subjects to study.

## What next?

Please take time to read this booklet and together with your family and friends make an initial indication of subjects you would like to do next year. You will need to return the attached form to Student Services indicating the subjects you would like to study in order of preference, by Friday 8<sup>th</sup> February. Please make sure that you complete all 5 boxes as we will use this information to determine option blocks. These are not final choices, they are an indication of what you would like to study, so that we are able to create final option blocks. These choices do not guarantee that the subjects will be offered or that you will be allocated these subjects as these are not choices, just indications of interest.

## **Some Questions You May Have**

### **Who Can Help Me?**

Your parents, relatives, head of year, subject teachers, tutor and learning mentor. If you feel you would like further support or guidance from anyone at school, please talk to Mrs Stuart-Brown in the first instance. Please use <https://nationalcareersservice.direct.gov.uk/> for additional information.

### **Will I Be Able to Do My First Choice Courses?**

Most of you will. Sometimes we are not able to give you a particular subject because:

- not enough people request it to make up a class
- more people ask for it than the available teachers or facilities can cope with
- it is not possible to timetable the mix of courses you have chosen

### **What Subjects Do I Have to Take in Year 9?**

Everybody will take English, maths, science, PSHE, PE, religious studies, and an IT qualification. You will then be able to choose up to three additional courses from a broad range of subjects. Please see page 5 to make sure that you meet the certain requirements.

### **What Exams Will I Take?**

Most Key Stage 4 courses have external examinations that are taken at the end of the course. Please see each of the course entries in this booklet for further information.

### **Will I Have to Study a Language?**

No, you do not have to take a language. However, in order to keep a broad and balanced curriculum and to achieve English baccalaureate if you are able to, then you should opt for a language.

### **What Science Option Should I Take?**

You can express a preference about the science option you would like to take, however the final decision will be made by the science department. This will also depend on the grade you achieve by the end of Year 8.

## The Options Process

Over the next few months you will need to make some important decisions. It is crucial that you take this seriously and take every opportunity provided to gather as much information as you can to make your choices.

In KS4 everyone follows the core curriculum which includes Maths, English, Science, Religious Studies, PE and IT.

In addition to the core, you have the opportunity to choose three other subjects. The subjects you can choose depend on which Science courses you are advised to follow – please see below. You will need to make sure that you meet certain requirements. All students must make sure that their KS4 courses cover at least three subjects from **subject list 1**.

### **Subject List 1**

#### **Science Option:**

- Triple Science (counts as three subjects – Biology, Chemistry and Physics)
- Combined Science (counts as two subjects)  
You can express a preference about which of the Triple or Combined courses that you would like to follow, however, the final decision will be made by the Science department. This will depend on the grade that you achieve at the end of Year 8
- Geography (counts as one subject)
- History (counts as one subject)
- French (counts as one subject)

### **Subject list 2:**

Art (GCSE)	Geography (GCSE)
Business (BTEC)	Health & Social Care (BTEC)
Computer Science (GCSE)	History (GCSE)
Design Technology (GCSE)	Music (GCSE)
Drama (GCSE)	Sport (BTEC)
Food Preparation & Nutrition (GCSE)	Textiles (GCSE/Level 2)
French (GCSE)	Skills for Independent Work

- If a student takes Triple Science then they can pick any three from **Subject list 2**
- If a student takes Combined Science then they can pick any two subjects from **Subject list 2** and one of the subjects from **Subject list 1** (not the science option)

# The Core Subjects

<b>English Language</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>English Language is an essential part of our everyday lives and without it we would not be able to communicate.</li> <li>In this subject, you will learn about the way others write and explore your own creative writing ability, as well as understanding the developments and variations of the spoken word.</li> <li>This course will prepare you to make informed decisions about further learning opportunities and career choices.</li> <li>The course includes: <ul style="list-style-type: none"> <li>Studying written language, using written language, studying spoken language and creative writing.</li> </ul> </li> <li>100% of the assessment is written exam.</li> </ul>		

<b>English Literature</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>English Literature will appeal to you if you like reading and exploring a range of authors and genres.</li> <li>You will be able to analyse texts written in the past and present; looking at the ways the authors have used the time they are writing in to influence their ideas and appeal to the reader.</li> <li>The course is split into two sections: <ul style="list-style-type: none"> <li>Shakespeare and Poetry</li> <li>Post-1914 Prose/Drama, 19th Century Prose and Unseen Poetry</li> </ul> </li> </ul>		

<b>Mathematics &amp; Statistics</b>	Qualification: GCSE	Equivalent to: 2 GCSEs (9-1)
<p><u>Mathematics</u></p> <ul style="list-style-type: none"> <li>Mathematics is a core subject and therefore is compulsory for all students.</li> <li>Five topics are covered: Number, Algebra, Ratio, Proportion and Statistics. More and more of the Maths covered has an element of functionality ie Maths that could feature in everyday life.</li> <li>Assessment is available at two tiers: Higher or Foundation.</li> <li>There are three examinations in the Maths qualification.</li> </ul> <p><u>Statistics</u></p> <ul style="list-style-type: none"> <li>Statistics is taken alongside the Maths qualification.</li> <li>Two topics are covered: Data handling and Number.</li> <li>Assessment is available at two tiers: Higher or Foundation.</li> <li>Assessment will take the form of two examinations.</li> </ul>		

<b>Single Sciences (Triple Science)</b>	Qualification: 3 GCSEs	Equivalent to: 3 GCSEs (9-1)
<ul style="list-style-type: none"> <li>Triple Science is an exciting and rewarding course. If you have a general interest in the scientific world then you will enjoy this course. You will develop skills involving scientific enquiry allowing you gather results, interpret data and to check its validity. These GCSEs include content on current scientific discoveries and techniques.</li> <li>You will gain three GCSEs in Biology, Chemistry and Physics. Grades will be independent of each other.</li> <li>Topics are as diverse as microbes, earth science and electricity.</li> <li>Triple Science is a perfect gateway into Science A Levels.</li> <li>Assessment for the Science GCSE is six examination papers (two per subject) lasting 1 hour and 45 minutes each.</li> </ul>		

<b>Combined Science</b>	Qualification: 2 GCSEs	Equivalent to: 2 GCSEs (9 - 1)
<ul style="list-style-type: none"> <li>• Combined Science is an excellent way to extend your knowledge and provide a strong grounding in all three areas. You will develop skills in the collection, analysis of data and evaluation of findings. This course allows you to focus on the key scientific concepts that influence our everyday lives.</li> <li>• You will gain two GCSEs in Combined Science. Grades will be linked (eg. a 3,4 or a 4,4 or a 4,5).</li> <li>• Topic range from adaptation to atoms and elements to electromagnetic radiation.</li> <li>• All three Science subjects (Biology, Chemistry and Physics) are covered during the course.</li> <li>• Studying Combined Science will allow you to develop analytical skills suitable for any career and will allow you to continue onto Science A Levels.</li> <li>• Assessment for the Science GCSE is six examination papers (two per subject) lasting 1 hour and 15 minutes each.</li> </ul>		
<b>Cambridge National Certificate in Information Technology</b>	Qualification: Cambridge National Certificate	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• This course is highly practical in nature and gets you to experiment and expand your range of ICT skills by using modern software applications to produce solutions to real world problems.</li> <li>• Technology impacts on every single aspect of our lives, from health, education, environment and security to research &amp; development, oil &amp; gas exploration, manufacturing, tourism, transport and pretty much everything else! In an ever increasingly technological age it is impossible to predict where IT and Computing will be when you leave school.</li> <li>• Assessment is 50% coursework and 50% exam. You will be completing a variety of tasks, each centered on solving a problem by using a particular set of IT and/or Computing skills.</li> </ul>		
<b>Religious Studies</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• The Religious Studies GCSE enables students to engage with questions of belief, value, meaning, purpose, truth and their impact on human life. Students who study Religious Studies develop an ability to construct well argued, well-informed and balanced arguments.</li> <li>• Students will study Christianity and Buddhism in greater detail than at Key Stage 3. They will also explore a range of themes including Relationships and Families, Religion, Peace and Conflict, Religion, Crime and Punishment and also Religion and Life.</li> <li>• The course is enjoyed and students are successful because it looks at the major issues and questions of our time. The course invites debate and discussion about key topics in our lives and on our planet.</li> <li>• The course will be assessed through terminal examination.</li> </ul>		
<b>SPaCE</b>	Qualification: Not Applicable	
Course content for Year 9: <ul style="list-style-type: none"> <li>• Courage to Care</li> <li>• Sex &amp; Relationships</li> <li>• Managing Money</li> <li>• Drugs Education</li> <li>• The Law</li> <li>• Health and Safety</li> <li>• Self-Esteem</li> </ul>	Course content for Year 10: <ul style="list-style-type: none"> <li>• Work &amp; Money</li> <li>• Consent</li> <li>• Leisure &amp; Free Time</li> <li>• Respecting our bodies</li> <li>• HIV/ AIDS</li> <li>• Refugee Lives</li> </ul>	

<b>Physical Education</b>	Qualification: Not Applicable
<ul style="list-style-type: none"> <li>• Physical Education is a compulsory part of the curriculum due to the health benefits as well as the social and mental aspects promoted through physical activity. There is no qualification attached to the lesson.</li> <li>• Lessons will continue in the same way they have in years 7 and 8 where students are in a groups with the same teacher for the duration of the year.</li> <li>• Students will have 2 lessons a week, each activity/sport will run for either 6 or 10 weeks depending on the activity. By the end of the year students will have taken part in a greater range of activities than they have been exposed to during year 7 &amp; 8.</li> <li>• In year 9 the emphasis is still on improving the range of skills in a given activity. Nonetheless, there will be a greater focus on producing the skills in a competitive (game) situation. There will be more emphasis placed on you taking some responsibility for your own learning, as well as applying the skills that should have been learned lower down the school. There will be a heavier focus on the implementation of Personal, Learning and Thinking Skills in lessons and we actively encourage more Independent Enquiry and Self-Management.</li> <li>• The activities available will depend on the season but are likely to include all major team games, indoor activities such as Badminton, Basketball, Softball, Volleyball as well as other areas of the syllabus such as Swimming, Multi-Gym and Dance.</li> </ul>	

# The Option Subjects

## Qualifications

<b>Art</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• Art &amp; Design is an ideal subject if you want to work in the creative industry later in life. You will learn a wide range of techniques, processes and methods that allow you to expand your levels of creativity and raise your confidence.</li> <li>• You must enjoy Art in KS3 to choose Art. The course is best suited to those who are enthused by imagery and have a pro-active work ethic.</li> <li>• Students should not expect to 'free draw' whatever they choose. The early stages of the course are teacher led with increasing freedom to make their own choices as students approach year 11 and confidence develops.</li> <li>• The course is split into 2 units: coursework and exam. The coursework covers 5 different topics (marked separately but awarded one overall grade), while the exam provides a choice of 8 different titles, of which you must choose one.</li> <li>• 60% of the course is coursework. 40% of the course is a practical exam.</li> </ul>		
<b>Business</b>	Qualification: BTEC Level 1 / Level 2	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• Business is an ideal subject if you have ever thought you could be Sir Alan Sugar's next apprentice or about appearing on Dragons' Den with an innovative idea.</li> <li>• This course will teach you how to plan, run and evaluate an enterprise. It will enable you to develop an understanding of essential business principles; appreciate the importance of market research, effective promotion and financial planning.</li> <li>• If you have a strong work ethic, a natural curiosity and can pick up new topics easily then this is a good choice.</li> </ul>		
<b>Computer Science</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• This course is focused on "How computers work".</li> <li>• Students are taught to be "creators" of technology and not simply "consumers" of it.</li> <li>• At the core of the subject is the principle of learning to "code" in order to write computer programs.</li> <li>• The subject of Computing is very logical and analytical and is therefore suitable for students who enjoy and do well in subjects such as Maths and Physics.</li> <li>• Assessment will take the form of two exams and one coursework style controlled assessment in which students will have to carry out a Programming Project.</li> </ul>		
<b>Drama</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• Drama is enjoyable, creative, stimulating and a popular option at GCSE. It is a lively choice which encompasses skills which extend across the curriculum. You will use different dramatic techniques to explore and convey meaning, with a focus on developing your performance skills.</li> <li>• You are able to develop a depth of understanding of the subject. Take part in team work and work as an individual. You learn through a variety of ways, many of which are active. You are able to develop a tolerance and empathy towards others. The subject also allows you to develop your verbal skills, imagination, public speaking, self-expression, poise, communication and written evaluative skills</li> <li>• GCSE Drama could help you access A-level Theatre Studies and then Higher Education and/or Drama schools. It could also help you in the workplace where communication, creative thinking and leadership skills are sought after. This may have nothing to do with the Performing Arts industry.</li> </ul>		

<b>DT: Food Preparation And Nutrition</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>The GCSE course in Food Preparation and Nutrition equips learners with the knowledge, understanding and skills required to cook and apply the principles of food science, nutrition and healthy eating. It encourages learners to cook, enables them to make informed decisions about food and nutrition and allows them to acquire knowledge in order to be able to feed themselves and others affordably and nutritiously, now and later in life.</li> <li>The course covers two main areas: <ul style="list-style-type: none"> <li><b>Component 1:</b> Principles of Food Preparation and Nutrition <ul style="list-style-type: none"> <li>Written examination: 1 hour 45 minutes</li> <li>50% of qualification</li> </ul> </li> <li><b>Component 2:</b> Food Preparation and Nutrition in Action Non-examination assessment: internally assessed, externally moderated <ul style="list-style-type: none"> <li>Assessment 1: 8 hours</li> <li>Assessment 2: 12 hours</li> <li>50% of qualification</li> </ul> </li> </ul> </li> </ul>		

<b>DT: Design and Technology (Resistant Materials)</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<p>Design and Technology (Resistant Materials) is the right subject for you if you want to:</p> <ul style="list-style-type: none"> <li>Learn in a practical environment.</li> <li>Design and make products with creativity and originality through a variety of practical activities.</li> <li>Develop a working knowledge of woods, metals, plastics and composite materials.</li> <li>Develop skills that are highly valued by employers and higher education.</li> <li>The course is split into two sections. The first is a Design and Make Controlled Assessment covering a number of different practical skills and techniques. The second contains a general theory paper based on the practical work covered.</li> <li>The course is split between written work, design portfolio and exam.</li> </ul>		

<b>DT: Design and Technology (Textiles)</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<p>Design and Technology (Textiles) is the right subject for you if you want to:</p> <ul style="list-style-type: none"> <li>Learn in a practical environment.</li> <li>Design and make products with creativity and originality through a variety of practical activities.</li> <li>Develop a working knowledge of woods, metals, plastics and composite materials.</li> <li>Develop skills that are highly valued by employers and higher education.</li> <li>The course is split into two sections. The first is a Design and Make Controlled Assessment covering a number of different practical skills and techniques. The second contains a general theory paper based on the practical work covered.</li> <li>The course is split between written work, design portfolio and exam.</li> </ul>		

<b>French</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>Knowing another language can help you think better, analyse ideas and suggestions more clearly and get along with other people more easily.</li> <li>People who speak more than one language will enhance their options in the workplace and career prospects. Languages can be combined with nearly any career path.</li> <li>The GCSE course builds on skills acquired at KS3 within the themes; Identity &amp; Culture; Local, National, International and Global Areas of Interest; Current &amp; Future Study &amp; Employment.</li> <li>The course is split into 4 units: Listening, Speaking, Reading and Writing.</li> <li>Assessment is by external examination each skill will account for 25% of the total Grade.</li> </ul>		

<b>Geography</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• This GCSE will require students to study areas of physical geography, such as weather, hazards and climate change; human geography, such as cities and world development, and how people interact with the environment, such as our effects on ecosystems. Whilst studying these areas students will develop their locational knowledge and use of maps, fieldwork and geographical skills.</li> <li>• The course will involve two off-site field trips.</li> <li>• If you have an interest in the world around you, what happens in it and why it happens then you will enjoy GCSE Geography. Geography is very broad covering subjects ranging from natural hazards to environmental issues and so appeals to a wide range of different interests. To be successful you will need to be able to apply a broad range of skills; from independent research and enquiry to effectively using resources and explaining processes.</li> <li>• The course will be assessed through terminal examination.</li> </ul>		

<b>Health &amp; Social Care</b>	Qualification: BTEC Level 1 / Level 2	Equivalent to: 1 GCSE (9-1)
<ul style="list-style-type: none"> <li>• This course will help prepare you for a career in any area of health and social care. The values learned may also be applied to daily life. You will be given the opportunity to discuss the care values that underpin current practice in health and social care. You will gain a better understanding of development across the human life span and be more aware of how physical, social and emotional factors can impact on our life.</li> <li>• If you have a strong work ethic, enjoy science and have a natural curiosity about human life this is a good choice.</li> <li>• The course is split into three components: 2 components are internally assessed through course work tasks. 1 component is externally tested under exam conditions.</li> </ul>		

<b>History</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<p>The History GCSE enables students to study a broad range of periods and within those periods to investigate local, national and international topics.</p> <p>These topics are:</p> <ul style="list-style-type: none"> <li>• A depth study, focusing on Elizabethan England</li> <li>• A depth study focusing on the reasons for the outbreak of the Second World War – Conflict and Tension, 1919-1939</li> <li>• A period study focusing on the USA 1920-1973</li> <li>• A thematic study, Power and the People, covering 800 years of English and British history and investigating how authority has been challenged.</li> </ul> <p>This course should appeal to anyone with an interest in History and will cover Medieval, Early-Modern and Modern topics. Students will be able to understand the impact the past has had on modern world in a number of different ways.</p> <p>The course will be assessed through terminal examination.</p>		

<b>Music</b>	Qualification: GCSE	Equivalent to: 1 GCSE (9-1)
<p>Whether you are a singer or instrumentalist, you enjoy listening to music of varying styles and genres, you like making up your own music, you are looking to take Music at A level or you simply want to develop your own interest and take a subject which is “different”, MUSIC is for you!</p> <ul style="list-style-type: none"> <li>You will have the opportunity to develop a wide range of transferable, creative, personal and social skills which are useful in many fields.</li> <li>Music provides a coherent, satisfying and worthwhile course of study for candidates. The content includes a range of music from the past and present, from the western classical tradition and other world cultures, to film music, fusions and musical theatre. It offers suitable preparation for further study.</li> <li>The course will development of musical understanding engagement and help develop your confidence as a musician. You will also develop skills as a composer, creating new, exciting and original pieces.</li> <li>For the first year of the course students will build on their composition, performance and listening skills learnt during KS3 music lessons. Their performance work, however, will become much more focused. Concentrating on an instrument of their choice (including voice), they will develop technical skills and the confidence needed in preparation for their GCSE performances.</li> <li>During the second year, formal practical coursework will begin to be submitted in both the composition and performance elements of the course. The listening exam content will be delivered over the year.</li> <li>The final year will see students complete composition coursework and see the final recitals for both solo and ensemble performances. The latter part of the year will then be dedicated to final listening exam preparations.</li> </ul>		

<b>Sport</b>	Qualification: BTEC Level 2	Equivalent to: 1 GCSE (Level 1 and Level 2 Pass, Merit & Distinction)
<p>BTEC Sport is ideal subject if you are a sports person and want to learn more about the theory behind it. The role leaders play in organising events; training for sports performance; managing how you plan and lead sports activities.</p> <ul style="list-style-type: none"> <li>Three Units will be studied over the three years</li> <li>Assessment is 60% coursework (2 units) and 40% external exam (1 unit)</li> <li>Training for personal fitness and sports performance is the first unit that will be take in year 9, based around a team game and an individual sport is a practical and coursework based unit</li> <li>Fitness training and testing is the examined unit that will be sat in year 10 or 11 and is not terminal meaning there is the potential to re-sit and improve</li> <li>Planning and leading a sports activity will be internally assessed through coursework</li> </ul>		

<b>Workskills</b>	Qualification: Level 1/Level 2	
<ul style="list-style-type: none"> <li>This course will give learners the knowledge, understanding and skills they need to prepare for employment. The purpose of level 1 / level 2 Workskills is to give learners the skills to enter and manage a career that will change over time.</li> <li>Units offered include developing your CV, applying for jobs, managing your own money, self-management skills, enterprise skills, working in a team and learning from work experience.</li> <li>All of the units have centre – devised assessments which are internally assessed. To pass an internally assessed unit, learners must meet all the assessment criteria.</li> </ul>		